

Ingredients to look for on labels and 100% AVOID in food/treats

- Acid, Soy Extract or Concentrate, Monopotassium Glutamate, Monosodium Glutamate
- Animal digest, animal by-product, animal meat, animal meal (could be diseased, roadkill, euthanized pets)
- Artificial colors, food dyes
- BHA (Butylated Hydroxyanisole) can cause cancer
- BHT (Butylated Hydroxytoluene) can cause cancer
- Brewers rice (rice fragments after human rice is processed)
- By-products: low-quality or even inedible parts of an animal
- Carageenan: linked to inflammation, intestinal damage, ulcers, and cancer.
- Cellulose: wood shavings/fibers
- Corn, corn flour, corn syrup etc.(spikes blood sugar, linked to diabetes, obesity)
- Ethoxyquin: a preservative that has been linked to its use as a pesticide
- Flavor or Flavour: any thing labeled “flavor” is a loop hole term for undisclosed chemicals and enticers to trick your pet into eating the product
- Food Dyes (Blue 2, Red 40, Yellow 5 and 6)
- Grain meals
- Grasses and clays: these can be allergy triggers for dogs with environmental allergies
- Legumes: beans, lentils, peas, garbanzo, etc
- Meat meals (over processed powder mostly purchased from overseas)
- MSG or Hydrolyzed Yeast, Glutamic(other names for concentrate) Monopotassium Glutamate, Monosodium Glutamate
- Nitrites: linked to cancer
- Nightshades: these should ONLY be used fresh (tomato, eggplant, bell peppers)
- Pea (pea flour, pea protein, pea extract, peas etc) in all of its forms it is used to bump up the protein in pet food but may be linked to DCM (canine dilated cardiomyopathy)
- PG (Propylene Glycol)
- Rice bran
- Sodium Hexametaphosphate (found in “dental” chews and teeth products) toxic in high doses
- Sugar, molasses, cane sugar, sorghum etc
- Tallow
- Vegetable oils: can cause inflammation of the joints
- Wheat, wheat gluten, wheat flour, wheat protein (causes inflammation)
- Whey, cheese powder, cheese, natural cheese flavor, milk (goats milk is fine)
- Yeast